

HEADLA@*

SHOW CARD C12

Because of a health problem, [^do you / does he / does she] have difficulty doing any of the activities on this card? Exclude any difficulties that you expect to last less than three months

INTERVIEWER: PROBE - 'What others?'.....Code all that apply.

01 Walking 100 yards

02 Sitting for about two hours

03 Getting up from a chair after sitting for long periods

04 Climbing several flights of stairs without resting

05 Climbing one flight of stairs without resting

06 Stooping, kneeling, or crouching

07 Reaching or extending [^your / his / her] arms above shoulder level (either arm)

08 Pulling or pushing large objects like a living room chair

- 09 Lifting or carrying weights over 10 pounds, like a heavy bag of groceries
- 10 Picking up a 5p coin from a table
- 96 None of these

**[Multiple responses to HEADLA are recoded in variables: hemobwa hemobsi hemobch hemobcs hemobcl hemobst hemobre hemobpu hemobli hemobpi hemob96]
[code maximum 10 out of 11 possible responses]**

[CHECK HE60]

HEADLB@*

SHOW CARD C13

Here are a few more everyday activities. Please tell me if [^you have / [^name] has] any difficulty with these because of a physical, mental, emotional or memory problem. Again exclude any difficulties you expect to last less than three months.

Because of a health or memory problem, [^do you / does he / does she] have difficulty doing any of the activities on this card?

INTERVIEWER: PROBE - 'What others?'...Code all that apply.

- 01 Dressing, including putting on shoes and socks
- 02 Walking across a room
- 03 Bathing or showering
- 04 Eating, such as cutting up [^your / his / her] food
- 05 Getting in or out of bed
- 06 Using the toilet, including getting up or down
- 07 Using a map to figure out how to get around in a strange place
- 08 Recognising when you are in physical danger
- 09 Preparing a hot meal
- 10 Shopping for groceries
- 11 Making telephone calls
- 12 Communication (speech, hearing or eyesight)
- 13 Taking medications
- 14 Doing work around the house or garden
- 15 Managing money, such as paying bills and keeping track of expenses
- 96 None of these

[Multiple responses to HEADLB are recoded in variables: headldr headlwa headlba headlea headlbe headlwc headlma headlpr headlsh headlph headlme headlho headlmo headlb14 headlb15 headl96]

[code maximum 13 out of 14 possible responses]