

**HEACTA**

SHOW CARD C20

We would like to know the type and amount of physical activity involved in daily life.

take part in sports or activities that are vigorous...

INTERVIEWER: Read out...

- 1 ...more than once a week,
- 2 once a week,
- 3 one to three times a month,
- 4 hardly ever, or never?

**HEACTB**

SHOW CARD C20

And take part in sports or activities that are moderately energetic...

INTERVIEWER: Read out...

- 1 ..more than once a week,
- 2 once a week,
- 3 one to three times a month,
- 4 hardly ever, or never?

**HEACTC**

SHOW CARD C20

