

ADL

IF whether institutional respondent <> yes (IAskInst <> 1)

|

| **HEAVOID**

| When you go on a trip away from your home like a trip to the shop, restaurant, or visits to friends, how often do you purposely limit the amount of walking you have to do? Is it...

| INTERVIEWER: Read out...

| 1 never,

| 2 rarely,

| 3 sometimes,

| 4 often,

| 5 or, always?
| 6 SPONTANEOUS: Never takes trip away from home
| 7 Cannot walk
|
END OF FILTER

HEADLA*

SHOW CARD O

We need to understand difficulties people may have with various activities because of a health or physical problem. Please tell me whether [^you have / [^name] has] any difficulty doing each of the everyday activities on this card. Exclude any difficulties that you expect to last less than three months.

Because of a health problem, [^do you / does he / does she] have difficulty doing any of the activities on this card?

INTERVIEWER: PROBE - 'What others?'....Code all that apply.

- 01 Walking 100 yards
- 02 Sitting for about two hours
- 03 Getting up from a chair after sitting for long periods
- 04 Climbing several flights of stairs without resting
- 05 Climbing one flight of stairs without resting
- 06 Stooping, kneeling, or crouching
- 07 Reaching or extending [^your / his / her] arms above shoulder level (either arm)
- 08 Pulling or pushing large objects like a living room chair
- 09 Lifting or carrying weights over 10 pounds, like a heavy bag of groceries
- 10 Picking up a 5p coin from a table
- 96 None of these

***[Multiple responses to HEADLA are recorded in variables HEADA01 to HEADA10]
[code maximum 10 out of 11 possible responses]***

[CHECK HE60]

HEADLB*

SHOW CARD P

Here are a few more everyday activities. Please tell me if [^you have / [^name] has] any difficulty with these because of a physical, mental, emotional or memory problem. Again exclude any difficulties you expect to last less than three months.

Because of a health or memory problem, [^do you / does he / does she] have difficulty doing any of the activities on this card?

INTERVIEWER: PROBE - 'What others?'...Code all that apply.

- 01 Dressing, including putting on shoes and socks
- 02 Walking across a room
- 03 Bathing or showering
- 04 Eating, such as cutting up your food
- 05 Getting in or out of bed
- 06 Using the toilet, including getting up or down
- 07 Using a map to figure out how to get around in a strange place
- 08 Preparing a hot meal
- 09 Shopping for groceries
- 10 Making telephone calls
- 11 Taking medications
- 12 Doing work around the house or garden
- 13 Managing money, such as paying bills and keeping track of expenses
- 96 None of these

***[Multiple responses to HEADLB are recorded in variables HEADB01 to HEADB13]
[code maximum 13 out of 14 possible responses]***