

体力活动

HEACTA

SHOW CARD S

We would like to know the type and amount of physical activity involved in your daily life.

Do you take part in sports or activities that are vigorous...

INTERVIEWER: Read out...

- 1 ...more than once a week,
- 2 once a week,
- 3 one to three times a month,
- 4 hardly ever, or never?

HEACTB

SHOW CARD S

And do you take part in sports or activities that are moderately energetic...

INTERVIEWER: Read out...

- 1 ..more than once a week,
- 2 once a week,
- 3 one to three times a month,
- 4 hardly ever, or never?

HEACTC

SHOW CARD S

And do you take part in sports or activities that are mildly energetic...

INTERVIEWER: Read out...

- 1 ..more than once a week,
- 2 once a week,
- 3 one to three times a month,
- 4 hardly ever, or never?

HETSET* @

INTERVIEWER: The Health section is finished.
Please enter <1> here to make the program store the current time and date.
Range: 1..1
[Don't Know and Refusal are not allowed]