

Physical activity

HEACTA*

SHOW CARD C24

We would like to know the type and amount of physical activity involved in [^your / name's] daily life. [^Do you / Does he or she] take part in sports or activities that are **vigorous**...

INTERVIEWER: READ OUT

1. ...more than once a week,
2. once a week,
3. one to three times a month,
4. hardly ever, or never?

HEACTB*

SHOW CARD C24

And [^do you / does he or she] take part in sports or activities that are **moderately energetic**...

INTERVIEWER: READ OUT

1. ...more than once a week,
2. once a week,

3. one to three times a month,
4. hardly ever, or never?

HEACTC*

SHOW CARD C24

And [do you / does he or she] take part in sports or activities that are **mildly energetic...**

INTERVIEWER: READ OUT

1. ...more than once a week,
2. once a week,
3. one to three times a month,
4. hardly ever, or never?